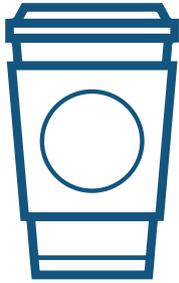
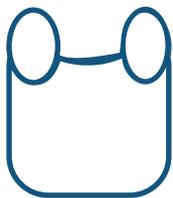


Simple steps to reduce the amount of single-use plastics you use:



Bring your own cup - you may well get a discount and can be happy that you are not adding to the 2.5 billion disposable coffee cups used every year in the UK!



Remember your reusable bags. Even with the plastic bag charge, we are using over 1 billion single-use plastic bags every year.



Take your reusable water bottle with you when you go out. Around 13 billion single-use plastic bottles are used in the UK each year - and only half are recycled.



Avoid disposable plastic cutlery, food packaging and straws whenever possible. You can carry your own, and help cut back on the billions that end up in landfill or the environment each year.



**Find out more on our website
finalstrawfoundation.org**